

Recipe: **Yummy Strawberry Salad**

From the kitchen of: My friend Donna



Dressing*:

Whisk together and chill for at least an hour.

- 1 tsp. poppy seeds
- ½ cup vegetable oil
- ½ cup sugar
- ¼ cup red wine vinegar
- 2 TBSP red onion, minced
- ¾ tsp. salt
- 1 tsp. Worcestershire sauce
- 2 tsp. toasted sesame seeds

Salad:

- ½ head of romaine lettuce torn into small pieces
- 1 bag fresh baby spinach
- 2 cups sliced fresh strawberries
- ⅓ cup toasted pecans

To Serve:

Combine salad ingredients and toss with the dressing just before serving.

* Dressing Short-Cut

In a pinch, in place of the homemade dressing, I use a bottle of "Brianna's Homestyle Blush Wine Vinaigrette" and add the poppy seeds, sesame seeds and minced red onions. It is very good!

